

Khalilah Safaa.

MSIOP

Turning resistance into resilience.

KEYNOTE SPEAKER | I/O PSYCHOLOGIST | TRAUMA & RESILIENCE STRATEGIST



Khalilah Safaa, MSIOP, is an award-winning keynote speaker, international bestselling author, and industrial-organizational psychologist. She helps organizations turn resistance into resilience through research-informed keynotes and trainings on trauma, compassion fatigue, leadership, and generational impact. A member of the American Academy of Experts in Traumatic Stress, she is completing her Doctor of Business Administration in Strategy and Innovation.

SIGNATURE KEYNOTES

- 01 **Unpack 2 Impact**
Unpacking the Past to Impact Future Generations
- 02 **Power After Trauma**
Turning Disadvantages into Advantages
- 03 **Leaving the Familiar**
Challenging Limiting Beliefs and Barriers of Bias
- 04 **Reclaim Your Time, Mind and Money**
The 3 B's: Boundaries, Beliefs, and Breakthrough
- 05 **Mastering Mental Momentum**
Turning Resistance into Resilience

WORKSHOPS & TRAINING

- Caring for the Caregivers**
Compassion fatigue & sustainable resilience
- Trauma-Informed Leadership**
Safety, trust, and accountability
- Emotional Intelligence and Conflict Resolution**
Communication under pressure
- Bridging the Gap**
Inclusion, belonging & employee engagement
- Overcoming Perfectionism and People Pleasing**
Confident, sustainable leadership

KEYNOTE	WORKSHOP	TRAINING SERIES	PANEL / FIRESIDE
45 to 60 minutes	Half day or full day	3 to 6 sessions	30 to 60 minutes
All formats available in person or virtually. Customized to your audience and goals.			

RECOGNITION & PUBLISHED WORK

Outstanding Leadership Award, Education 2.0 Conference (2022) | **CREA Global Award**, Brainz Magazine (2021)

International bestselling author: *Speak Your Way to Success*; *Undefeated: Broken into Purpose*; and *The Antidote: How to Regain Your Power After Intergenerational Trauma*.

"Relevant, engaging and compassionate."

Gary Jones Jr., PhD, MSW, LMSW | Coppin State University